

Excerpt from the 2016 DDRS Waiver Manual

Section 10.17: Music Therapy

Service Definition

Music Therapy services are services provided for the systematic application of music in the treatment of the physiological and psychosocial aspects of an individual's disability and focusing on the acquisition of nonmusical skills and behaviors. 124

Reimbursable Activities

Reimbursable activities include the following:

Therapy to improve:

- Self-image and body awareness
- Fine and gross motor skills
- Auditory perception
- Therapy to increase
- Communication skills
- Ability to use energy purposefully
- Interaction with peers and others
- Attending behavior
- Independence and self-direction
- Therapy to reduce maladaptive (stereotypic, compulsive, self-abusive, assaultive, disruptive, perseverative, or impulsive) behaviors
- Therapy to enhance emotional expression and adjustment
- Therapy to stimulate creativity and imagination. The music therapist may provide services directly, or may demonstrate techniques to other service personnel or family members
- Planning, reporting, and write-up when in association with the actual one-on-one direct care/therapy service delivery with the waiver participant
- Individual
- Group services in group sizes no greater than four participants to one Music Therapist (Unit rate divided by number of participants served)

Service Standards

The following service standards apply to Music Therapy services:

- Music Therapy services should be reflected in the ISP of the individual.
- Services must address needs identified in the person-centered planning process and be outlined in the ISP. Services must complement other services the individual receives and enhance increasing health and safety for the individual.

Documentation Standards

Documentation standards for Music Therapy services include the following:

- Documentation of appropriate assessment by a qualified therapist
 - Services outlined in ISP
 - Appropriate credentials for service provider
 - Attendance record, therapist logs and/or chart detailing services provided, dates, and times
 - Documentation in compliance with *460 IAC 6* Supported Living Services and Supports requirements
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As applicable, monthly/quarterly reports must be uploaded to Advocare by the chosen service provider on or before the fifteenth day of the following month

Limitations

The following limitations apply to Music Therapy services:

- One hour of billed therapy service must include a minimum of 45 minutes of direct patient care/therapy, with the balance of the hour spent in related-patient services.

Activities Not Allowed

The following activities are not allowed under Music Therapy services:

- Any services that are reimbursable through the Medicaid State Plan.
- Therapy services furnished to the participant within the educational/school setting or as a component of the participant's school day
- Specialized equipment needed for the provision of Music Therapy services should be purchased under "Specialized Medical Equipment and Supplies."
- Activities delivered in a nursing facility
- Group sizes greater than four participants to one Music Therapist or group sizes exceeding the maximum allowable group size determined by the IST for each group participant