



Mainstay Music Therapy, Inc.

Internship Application

Updated 3/2021

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Potential Intern,

Thank you for your interest in pursuing an internship with Mainstay Music Therapy, Inc. This National Roster Internship site provides a unique learning experience for all music therapy interns. Music therapy interns have the opportunity to acquire music therapy clinical experience working in both clinic-based settings and providing in-home therapy with a variety of individuals, and implement different approaches and techniques to best address client's needs. In addition, music therapy interns will have the opportunity to work independently and observe other music therapists in the greater Fort Wayne area and be a part of a growing team of music therapists.

Students who complete this internship will enter the field of music therapy as competitive candidates for a variety of employment opportunities. Interns will acquire essential musical and clinical skills and knowledge to practice as an entry level, independent clinician including:

- Experience with a diverse clientele and various approaches in music therapy
- Excellent verbal and written communication skills
- Experience collaborating and communicating with other professionals
- 1040 hours guaranteed for internship requirement
- Full preparation for the CBMT exam

Music therapy interns will observe, co-treat, document, and lead music therapy sessions as well as participate in daily case-related supervision from the Internship Supervisor and Director. This is to ensure music therapy interns receive adequate amount of supervision in order to foster self-growth and also deepen their understanding of music therapy in private practice.

The Internship Director and Internship Supervisor evaluates interns during different stages of the internship to ensure interns are meeting the clinical training competencies set forth by AMTA.

Music therapy interns are expected to engage in conducting research in direct relation to the clients included on their caseload. Music therapy interns will utilize research findings and also present a final project to their chosen group of professionals.

Music therapy interns are expected to provide their own room and board as well as drive to various sites. There are several affordable options in the Fort Wayne area. Reliable form of transportation is required for this internship.

A letter of verification from the intern's academic director, including their contact information will be required.

Liability insurance will not be covered for the intern and intern should either apply for liability Insurance on their own behalf or ask their educational institution if they are covered under institution's policy. *Healthcare Provider Service Organization (HPSO)* is affiliated with AMTA and provide student-price coverage. Interns should show a negative TB test result and a local law

enforcement check prior to start date, at their expense.

Expectations of the music therapy intern:

Entry level requirements for music therapy interns are expected. These include functional music skills in voice, piano, guitar, and percussion. Music therapy interns should be familiar with different genres of music and be able to accompany self and clients efficiently and with a pleasing sound quality. It is also expected that music therapy interns have acquired a general understanding of using music and the therapeutic relationship when working to address client's needs.

Due to the diverse clientele served in this internship, it is not an expectation for intern applicants to have practicum experiences with target populations. Interns will be trained through their experiences to provide music therapy services to a wide variety of individuals. Music therapy interns are expected to have genuine motivation to develop personal and professional skills as well as flexibility to meet the client's needs.

Due to the flexible nature of this internship, music auditions can be performed electronically. The potential intern can use any form of media to film and submit video footage. Google Drive and YouTube are both popular sites for video submission. Both sites can be used privately and video links can be created and attached to the application. After receiving all application materials, an interview with the Internship Director and Supervisor will be scheduled.

Please send all application materials to:

Mainstay Music Therapy, Inc.
Music Therapy Internship Director
internship@mainstaymusictherapy.com

Deadlines for applications:

January start: application due by June 30

June Start: application due by October 31



**MUSIC THERAPY INTERNSHIP APPLICATION
COVER SHEET**

Name:		Phone Number:	
Current Address:			
Email:			
Director of Music Therapy Program:			
Phone Number:		Email:	
Select Start Applying for: June January Year:			
Please submit documents:			
1. Resume <ul style="list-style-type: none"> a. Include practicum experiences 			
2. Cover letter			
3. Three letters of recommendation <ul style="list-style-type: none"> a. One can be personal (a friend or peer) b. Two must be professional (a professor or previous supervisor) 			
4. Letter of Verification from your academic director			
5. Unofficial transcripts			
Please submit essays for the following questions:			
1. Why is MUSIC beneficial in therapy? How do you use music most in your work?			
2. What are your strengths? What are your weaknesses?			
3. Name three core values you have and why they will be important in your professional career.			
4. Why are you interested in pursuing an internship with a private practice, ID/DD?			
5. Attach a sample treatment plan. <ul style="list-style-type: none"> a. Goals & Objectives included b. Outline procedures and methods to be used to address the identified need 			
Please submit video footage of yourself playing and singing a song on both the guitar and the piano.			